

Free/Low Cost Meals

Perth

January to April 2025

Community Meals

Program	Details	Address/Contact
St. James Anglican Church	Community Dinners – Second Saturday of each month 4:30pm - 5:30pm. Dine-in meal at 54 Beckwith St. E, Perth. Contact the office for more information.	54 Beckwith St. E., Perth (613) 267-1163
The Table Community Meals	Dine-in Meals: Mondays, Wednesdays and Fridays 4:30pm - 6pm Transportation support is available to attend meals and take-out meals may be available at 5:45pm, depending on food quantities. Call with any questions.	190 Gore St. E., Perth (613) 267-6428 x 105
YAK After School Program	Snacks available weeknights September to June 2:00pm - 6:00pm for grades 6-12. Dinner available weeknights between 3:30pm-4:30pm for grades 6-12	1881 Rogers Rd., Perth (613)264-8381